

*Building Resilience from Tragedy:
Understanding Hate, Violence, Loss, & Reconciliation*



Northeast Regional Honors Council Conference
March 30—April 2, 2023



2023 HIGHLIGHTS:

PARTNERS IN THE PARKS

Faculty & Student Projects
in National Parks across America

SUMMER INSTITUTES

Register Today at nchchonors.org!

PAT Faculty Institute: Charleston - May 21-25

PAT Faculty Institute: Pittsburgh - June 21-25

New Directors Institute - July 23-26 (Chicago, IL)

iSpark: Institute for Strategic Planning, Assessment, and
Reviewer Knowledge - July 26-28 (Chicago, IL)

VIRTUAL - Strengthening DEI in Honors:
BEGINNER LEVEL - May 22-24
INTERMEDIATE LEVEL - July 5-7

2023 CONFERENCE

REVOLUTIONARY HONORS

Liberty • Equality • Humanity

#NCHC23

November 8-12 :: Chicago, IL

ANNUAL BENEFITS

- Honors Publications & Research
- Scholarships & Grants
- Faculty Recognition

Welcome!

The National Collegiate Honors Council is a proud sponsor of the 2023 NRHC Conference in Pittsburgh, and we wish you an excellent honors experience as you explore the complex ideas around ***Building Resilience from Tragedy: Understanding Hate, Violence, Loss, and Reconciliation.***

The NCHC Annual Conference this November is considering ***Revolutionary Honors - Liberty, Equality, Humanity.*** Updated (*humanity* instead of *fraternity*) from the motto first heard in the French Revolution and codified by the Third Republic, this theme should allow all of us to look at topics important not only to our students, but to all academics - even to our nation as a whole. Consider, what does liberty mean? How do we exemplify liberty in our colleges and universities? In the same vein, what is equality? Do we truly espouse equality in the US? Finally, do we care about humanity? Do we put others before ourselves? How can higher education improve tomorrow's world by actions today?

Join NCHC as a member in 2023, and see how a national honors network can take your experience to new heights and grow community in your program or college with colleagues worldwide.

See you in Chicago!



NATIONAL COLLEGIATE
HONORS COUNCIL

nchchonors.org

Welcome Message

When we sat around a table in this hotel last summer ideating the conference theme, *Building Resilience from Tragedy: Understanding Hate, Violence, Loss and Reconciliation*, we did so in the shadow of the tragic mass shooting that had recently taken place at the Tree of Life synagogue. In contemplating the conference in this city, we were compelled to acknowledge what had occurred, acknowledge that hate was at the root, and acknowledge the profound loss. Our final acknowledgement was that of reconciliation. We had to consider, how do we go forward? How do communities pick up and put their heads and hearts back together after such a loss? For this gathering of young scholars in this place and time, we needed to recognize that we must challenge ourselves to reconcile the significant and profound problems that beset the communities in which we live, study and work. This conference theme is an effort for us to explore, probe, confront, complicate, and ultimately grow our understanding of resilience. Though we persist, we cannot repair brokenness that we do not understand. It is our quest, as scholars participating in this conference, to seek that understanding.



Students, I salute you for taking on this task. In every discipline represented, you proposed cogent ideas that probe and provoke the character of resilience – whether in an organism, a system, a government, a community, a work of art, or even an idea.

Faculty and Administrators, I salute you for the conviction you bring to your work. Year after year, you find better ways to shape contexts in your disciplines for young minds to consider, then you kindle the confidence that brings us all here.

Together, we grow our understanding and we continue to build resilience not only to survive, but to thrive.

Sincerely,

Marcella McCoy-Deh

Marcella McCoy-Deh
NRHC President-Elect
2023 Conference Co-Chair

NRHC Executive Board



Dr. Darryl Peterkin

President and 2022 Conference Co-Chair
Morgan State University



Dr. Gwen Kay

Faculty Representative
SUNY Oswego



Dr. Marcella McCoy-Deh

President-Elect and 2022 Conference Co-Chair
Thomas Jefferson University



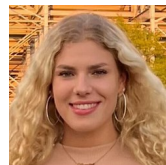
Dr. Amy McMillan

Faculty Representative
SUNY Buffalo State



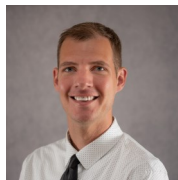
Dr. Zachary Aidala

Vice President
Bloomfield College



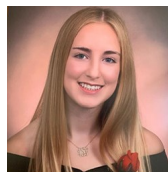
Ms. Natalea Hillen

Student Representative
Point Park University



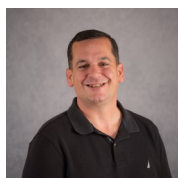
Mr. Chris Brittain

Immediate Past President
Ocean County College



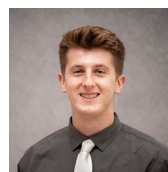
Ms. Angela Stieber

Student Representative
Thomas Jefferson University



Dr. Michael Tasto

Executive Treasurer
Southern New Hampshire University



Mr. Derek Stuart

Student Representative
Thomas Jefferson University



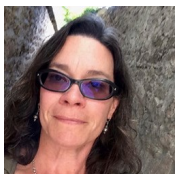
Prof. Kathryn MacDonald

Executive Secretary
Monroe College



Torchy

Official Mascot
Northeast Regional Honors Council



Dr. Tanya Radford

Web Coordinator
Dominican University of New York

Conference Theme

Building Resilience from Tragedy: Understanding Hate, Violence, Loss, and Reconciliation

"Forgiveness and reconciliation are not just ethereal, spiritual, other-worldly activities. They have to do with the real world. They are realpolitik, because in a very real sense, without forgiveness, there is no future."

— Archbishop Desmond Tutu

"Grief and resilience live together."

— Michelle Obama

Grief. Forgiveness. Reconciliation. Resilience. The path from grief to resilience is neither straight nor the same for everyone. But the reward for perseverance is the ability to transform challenges into successes.

In this age of instantaneous information, we must ask ourselves whether hate and violence are more prevalent, or are we simply aware of such incidents more quickly. Perhaps that question matters far less than how we confront, overcome, and learn from these horrific episodes.

Understanding the origins and effects of tragedy and resilience is not the province of a single academic discipline or specialty. Indeed, this effort demands an interdisciplinary approach and insight from every corner of human knowledge and endeavor. The Devil may be in the details, but intriguing answers are waiting to be uncovered in laboratories, libraries, theaters, and the relationships between universities and their communities.

Why Pittsburgh? Known as the Steel City and the City Of Bridges, Pittsburgh has recent experience with the unspeakable violence that can be ignited by hate and the long and painful process of healing. On the morning of 27 October 2018, a lone gunman motivated by anti-Semitism carried out the worst attack on the Jewish community in American history when he entered the Tree of Life Synagogue and killed eleven worshippers and wounded six more. In a matter of minutes, a vibrant and close-knit community was shattered, and Pittsburgh was added to an ever-expanding list of cities affected by a peculiarly American epidemic of mass shootings, including Sandy Hook, CT (2012), Charleston, SC (2015), Parkland, FL (2017), Buffalo, NY (2022), and Uvalde, TX (2022).

Thus, it is entirely appropriate that Pittsburgh will be the host city for NRHC's 2023 Conference and its tradition of encouraging the rising generation of young scholars to explore uncomfortable questions. The metaphors are irresistible: steel is the symbol of resilience and bridges bring together communities and ideas.

We invite you over the next several days to take your seat at our sumptuous roundtable of ideas and engage in meaningful conversations with your fellow Conference participants. We challenge you, furthermore, to return to your institutions and communities and transform metaphor into action.

Special Thanks

NRHC Executive Board: Colleagues, you all are the best. Putting on this conference is a huge lift and every single person's commitment, and input was meaningful, important and appreciated. You all have been a true team – when one of us was swamped, another pitched in. We continuously learned from, leaned on, led and followed each other with respect and focus on the main goal. I have enjoyed working and celebrating together. Extra special thanks to our outgoing Immediate Past President, Chris Brittain and Executive Secretary, Kat MacDonald for their generous stewardship of our team. Cheers to another one on the books!

Local Hosts: Joshua Cannon (Pitt), Jessica McCort (Point Park U.), Ashleigh Fox, Srujana Kanjula, Steven Wells, (CCAC). You all are amazing colleagues! You delivered on every ask and did so in exemplary fashion. Your zeal for your work and for Pittsburgh really helped us appreciate the local texture of our host city.

NRHC Sage: Helen Fallon (retired Point Park honors director and NRHC luminary), you are always a willing resource! Thank you for lending us access to your vast and spot-on network of writers in Pittsburgh. Your reputation facilitated a bounty of exemplary options for us.

Proposal Reviewers: AnnMarie DelliPizzi (Dominican University of New York), Irina Ellison (Mercy College), Helen Fallon and Jessica McCort (Point Park University) and Linda Kobylarz (Post University) Thank you for joining in on this core responsibility. Your work here represents what we value most in the honors community!

Award Reviewers: Matt Baran (SUNY Buffalo), AnnMarie DelliPizzi (Dominican University of NY), Irina Ellison (Mercy College), and Elaine Torda (Orange County Community College). Many thanks for pitching in as we recognize honors faculty, staff and students for the often-extra effort and hours it takes to make honors a meaningful and memorable experience.

Community Partners: Be the Match and Veterans Breakfast Club. Your partnership this year has offered our honors community the opportunity to deepen our connections by listening, learning and acting in gratitude and service to our fellow humans. Thank you for sharing your stories of courage, hope and triumph with us.

Special Host: University of Pittsburgh David C. Frederick Honors College – Thank you for inviting us into your campus home in an elegant display of honors hospitality. We hope you continue your partnership with NRHC in equally spectacular form for years to come.

✂ = Food & Beverage available

** = Event will be streamed and recorded

= Students may gather to break their Ramadan fast
(food not provided)

Conference at a Glance

Thursday, March 30

Conference Registration	3 p.m. to 9 p.m. <i>Lobby</i>
**Author Talk: Brian Broome	7 p.m. to 8:30 p.m. <i>Fountainview</i>
✂ Student Trivia Night	8:30 p.m. to 10 p.m. <i>Reflections</i>
Faculty Event: Big Picture Discussion	8:30 p.m. to 9:30 p.m. <i>Fountainview</i>

Friday, March 31

Conference Registration	7:45 a.m. to 5 p.m. <i>Lobby</i>
✂ **City as Text Opening: Dr. Tom Morton	9 a.m. to 9:45 a.m. <i>Grand Station 1&2</i>
City as Text Explorations	10 a.m. to 3:15 p.m.
Cathedral of Learning Reception *Pre-Registration Required	10 a.m. Departure <i>Grand Station 1&2</i>
✂ Make a Difference: Veterans Breakfast Club	10 a.m. to 11:30 a.m. <i>Reflections</i>
Make a Difference: Be the Match	10 a.m. to 11:30 a.m. <i>Grand Station Lobby</i>
City as Text Reflection	3:30 p.m. to 4:45 p.m. <i>Grand Station 1&2</i>
NRHC Expo/Student Art Show	6 p.m. to 7:15 p.m. <i>Reflections & Waterfront</i>
✂ **Banquet & Keynote Address: Journalist Tony Norman	7:30 p.m. to 9:30 p.m. <i>Grand Station</i>
Student Event: Open Mic Night	9:30 p.m. to 11:30 p.m. <i>Grand Station</i>
##Iftar Gathering	Meet at 11:45 p.m. <i>Lobby</i>

Saturday, April 1

Conference Registration	7:45 a.m. to 12 p.m. <i>Lobby</i>
✂ Idea Exchange and Poster Session 1/Breakfast	7:45 a.m. to 9 a.m. <i>Grand Station 3, 4, & 5</i>
Session 1 Presentations	9:05 a.m. to 10:20 a.m.
Session 2 Presentations	10:30 a.m. to 11:45 a.m.
✂ **Presidential Luncheon	12 p.m. to 1:30 p.m. <i>Grand Station 1&2</i>
Student Event: Student Caucus and Headshots	1:30 p.m. to 2:45 p.m. <i>Fountainview</i>
Faculty Event: Consultants' Corner	1:30 p.m. to 2:45 p.m. <i>Haselton</i>
Session 3 Presentations	2:50 p.m. to 4:05 p.m.
Session 4 Presentations	4:15 p.m. to 5:30 p.m.
✂ Student Event: The Red Carpet Gala	8:30 p.m. to 11:59 p.m. <i>Grand Station 1&2</i>
##Iftar Gathering	Meet at 11:45 p.m. <i>Lobby</i>

Sunday, April 2

**NRHC Business Meeting	7:30 a.m. to 8:20 a.m. <i>Fountainview</i>
✂ Poster Session 2/Breakfast	8:30 a.m. to 10 a.m. <i>Grand Station 3, 4, & 5</i>
Awards Ceremony & Conference Closing	10 a.m. to 10:30 a.m. <i>Grand Station 1&2</i>

Roadmap to NRHC

 = food and refreshments will be served

Thursday, March 30

Author Talk: Brian Broome

7 p.m. to 8:30 p.m.

Brian Broome, a poet and screenwriter, is the author of *Punch Me Up to the Gods*. He is K. Leroy Irvis Fellow and instructor in the Writing Program at the University of Pittsburgh. Broome has been a finalist in The Moth storytelling competition and won the grand prize in Carnegie Mellon University's Martin Luther King Writing Awards. He also won a VANN Award from the Pittsburgh Black Media Federation for journalism in 2019. Broome lives in Pittsburgh. Our virtual attendees are invited to Zoom in.

Student Event: Trivia Night

8:30 p.m. to 10 p.m.

Please join the Student Representatives as they host a Movie Trivia Night as an icebreaker event and to get to know fellow honors students from other institutions! There will be conversation starters, mini-games in between, and prizes for the winners! Cookies and lemonade will be served.

Faculty Event: Big Picture

8:30 p.m. to 9:30 p.m.

Welcome to Pittsburgh and NRHC's annual meeting. This year's Big Picture event is all about connection because with connection we build resilience. As Honors faculty and administrators, we are all here with varied backgrounds: different academic disciplines, life experiences, and time in honors. There are so many things we can learn from each other if we make connections! So for this event we'll be asking everyone to "speed connect" (90 sec per person) - introduce yourself and share a recent success in your program and a current challenge you want to overcome. By the end of the night you will have met everyone in the room and have great ideas to think about and resources to help you with your program challenges. Bring your business cards so you can retain lasting relationships with other professionals

Friday, March 31

City as Text Opening

9 a.m. to 9:45 a.m.

This year's City as Text experience starts with a speech by Dr. Tom Morton. All attendees will then be sent on their chosen strands to explore the city of Pittsburgh. Our virtual attendees are invited to Zoom in for the speech. Grab a muffin before you head out on your explorations.

Make a Difference Events

9 a.m. to 9:45 a.m.

There are two "make a difference" opportunities this year. Stop by to meet and interact with the Veteran's Breakfast Club before heading out to explore Pittsburgh. You can also learn more about becoming a donor with Be the Match. See page 18 for more information on these meaningful events.

Roadmap to NRHC

City as Text Explorations

10 a.m. to 3:15 p.m.

Enjoy your explorations of Pittsburgh. See page 15-17 for more details on our exciting self-guided tours. You may incur expenses, so be sure to have cash (for the Inclines!). Admission to museums or other attractions is also at the expense of conference attendees—these attractions are suggestions only for your explorations.

City as Text Reflection

3:30 p.m. to 4:45 p.m.

Upon return from their journeys, all attendees are welcome to reflect on their CaT experiences, discuss findings from their explorations, and network with other conference attendees.

NRHC Expo/Student Art Show

6 p.m. to 7:15 p.m.

This is an excellent opportunity to interact with institutions and sponsors in the region to receive more information about academic and professional opportunities. A variety of student art work will also be displayed. View some wonderful pieces and speak with the artists. See page 19 for more information about our student artists.



Banquet & Keynote Address: Tony Norman

7:30 p.m. to 9:30 p.m.

Join us for this year's banquet with keynote speaker, journalist Tony Norman. Our virtual attendees are invited to Zoom in to hear Mr. Norman's remarks at 8 p.m. this evening.

Student Event: Open Mic Night

9:30 p.m. to 11:30 p.m.

On Friday night, there will be an open mic night to give students a chance to relax after the academic strain of the conference. Students will be able to share hidden talents, poetry, stand-up comedy, and much more!

Saturday, April 1



Idea Exchange and Poster Session I/Continental Breakfast

7:45 a.m. to 9 a.m.

Join us for breakfast and enjoy both Idea Exchange and Poster presentations. Virtual registrants can use their conference registration to Zoom to join in on several virtual idea exchanges and poster presentations,

Session Presentations

9:05 a.m. to 10:20 a.m.; 10:30 a.m. to 11:45 a.m.; 2:50 p.m. to 4:05 p.m. ; 4:15 p.m. to 5:30 p.m.

Join our presenters and enjoy their academic presentation panels, roundtable discussions, performing arts and film showcase performances, and art gallery panels all day.

Roadmap to NRHC



Presidential Luncheon

12 p.m. to 1:30 p.m.

All attendees are invited to this year's Presidential Luncheon where Dr. Darryl Peterkin, NRHC President and Conference Co-Chair, will give the 2023 Presidential Address.

Student Event: Student Caucus & Headshots

1:30 p.m. to 2:45 p.m.

On Saturday afternoon, we will host a meeting for students to give conference feedback. You can also learn about student leadership opportunities with the Northeast Regional Honors Council. Once you visit the caucus, you will be given a ticket to get a professional headshot taken!

Faculty Event: Consultants' Corner

1:30 p.m. to 2:45 p.m.

This year's Consultant's Corner will offer three topics for Honors faculty and administrators to participate in. See page 20 for more information on these sessions.



Student Event: Red Carpet Gala

8:30 p.m. to 11:59 p.m.

To wrap up the conference, Saturday night will have the most exciting event of all: the Student Gala! Themed: The Red Carpet, the student gala will be Hollywood themed with a DJ, appetizers, a Hollywood Red Carpet photoshoot, and much more! The attire is semi-formal, but experimenting with different outfits is certainly welcome. Make sure to bring your best dance moves!

Sunday, April 2

NRHC Business Meeting

7:30 a.m. to 8:20 a.m.

All honors directors and faculty are invited to engage with the NRHC Executive Board regarding important business pertaining to our region and opportunities for involvement on our Executive Board.



Poster Session II and Continental Breakfast

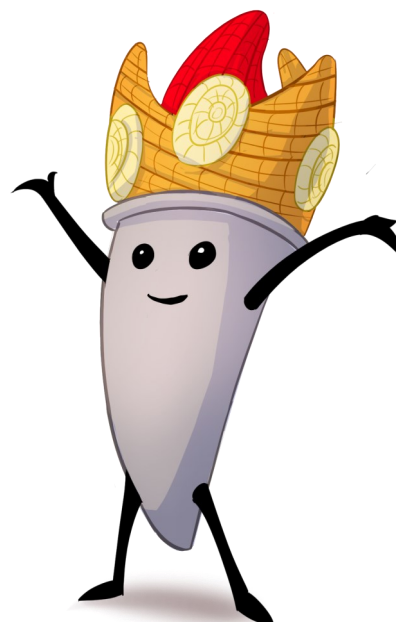
8:30 a.m. to 10 a.m.

Join us for breakfast and enjoy our second round of poster presentations.

Awards Ceremony & Conference Closing

10 a.m. to 10:30 a.m.

Join us as we recognize students and honors professionals in several award categories! We will also pass on the torch as we prepare for NRHC 2024.



Thank you to **Westfield State University** for being a
Copper Sponsor!

Tap the logo to learn more about graduate offerings at
Westfield State University or scan the QR code.

SCAN ME



Westfield
STATE UNIVERSITY

Westfield State University

Westfield State University offers graduate programs designed to meet the needs of today's busy student!

- **Accounting, M.S.**
- **Applied Behavior Analysis, M.A.**
- **Counseling, M.A.**
(concentrations in Forensic Mental Health, Mental Health, School Adjustment, and School Counseling)
- **Criminal Justice, M.S.**
- **Education, M.Ed.**
(various disciplines leading to initial or professional licensure)
- **English, M.A.**
(teacher licensure or non-licensure)
- **Physician Assistant Studies, M.S.**
- **Public Administration, M.P.A.**
(concentrations in Criminal Justice Administration, Non-Profit Management, Public Healthcare Administration, and Public Management)
- **Social Work, MSW**
- Graduate certificates in Applied Behavior Analysis, Homeland Security, Public Healthcare Administration, and Spanish (online)

To learn more, contact us at (413) 572-8461
or graduate@westfield.ma.edu.

GoBackNow.com

Westfield
STATE UNIVERSITY



Presentation Schedule Overview

Time Room	Saturday, April 1 Session 1 9:05 to 10:20 a.m.	Saturday, April 1 Session 2 10:30 to 11:45 a.m.	Saturday, April 1 Session 3 2:50 to 4:05 p.m.	Saturday, April 1 Session 4 4:15 to 5:45 p.m.
<i>Brighton 1</i> (Breakout 1)	It's Just Business— Aerospace, Gas, Steel, and Higher Education	The Question of Community Recovery	Support and Resilience in Criminal Justice, Economics, Health,	Words and Weapons: Resiliency in Language, Gender, Safety, & Literature
<i>Brighton 2</i> (Breakout 2)	Health Professionals and the Health Profession	Mental and Physical Health 1: Genetics, Physiological Processes, and Behavior	Resilience Across Disciplines: Capitalism, Politics, Medicine and Health	Mental and Physical Wellbeing: Approaches in Medicine and Health
<i>Brighton 3</i> (Breakout 3)	Therapeutic Reading: Literature and Resilience	Prejudices in Culture and Immigration	Writing as Activity and Activism	Physiology and Behavior
<i>Brighton 4</i> (Breakout 4)	Understanding Our Communities	The Spectrum of Art: Reflections on the Past and Present	Assessing Education, Assisting Education	Contemporary Issues in Healthcare and Medicine: Equity and Resilience
<i>Edenburg</i> (Breakout 5)	Education and Assessment Models	Writing the Self: Memoir, Identity, and Legacy	Contemporary Issues in Criminal Justice: Race, Guns, Policing, and Sentencing	Teaching Humans to be More Human
<i>Ellwood 1</i> (Breakout 6)	Equity, Land, and the Environment	Mental and Physical Health 2: Resilience, Therapy, Relationships	Models and Gene Expression in Health, Science, and the Courtroom	
<i>Ellwood 2</i> (Breakout 7)	Human Rights	Challenging our Expectations of the Education System	Social Media, the Internet, and Culture	Generations of Today and Tomorrow: Technology and Marketing Impacts
<i>Stoops Ferry</i> (Breakout 8)		The Resilience of Indigenous Peoples	Survivors: Holocaust and Nature	
<i>Point View</i> (Breakout 9)	The Arts as a Means to Explore the Past	Economic Analysis and Universal Resiliency	Resilience in Art–Culture, Natural Environments, and Dance	
<i>Hall of Fame</i> (Breakout 10)	Using Art to Understand Tragedy and Beauty		Art in Nature, Science, and Activism	
<i>Fountainview</i> (Breakout 11)	Using Art and Literature to Achieve Understanding	Conversations about Diversity, Inclusion, and Identity	Conversations Surrounding Women's Rights and Issues	Mental Health, Wellbeing, and Development–Building Resilience
<i>Woodlawn</i> (Breakout 12)	Resilience in Education— Early Childhood and Undergraduate	Expressions of Academic and Creative Writing	Gun Rights and Gun Violence: Averting Tragedy	
<i>Haselton</i> (Breakout 13)		Mental Health and Wellbeing	Discussing Hate, Fear, and Human Rights	Intersections of Criminal Justice–Prisons, Media, Neighborhoods

Thursday, March 30
7 p.m. to 8:30 p.m.
Fountainview

Author Talk

Brian Broome

Brian Broome, poet and screenwriter, is the author of *Punch Me Up to the Gods* (Mariner Books, 2021), which won the 2021 Kirkus Prize for Nonfiction and Publisher Triangle's Randy Shifts Award for Nonfiction. The memoir introduces Broome whose early years growing up in Ohio as a dark-skinned Black boy harboring crushes on other boys and propels forward this gorgeous, aching, and unforgettable debut. Broome's recounting of his experiences—in all their cringe-worthy, hilarious, and heartbreaking glory—reveal a perpetual outsider awkwardly squirming to find his way in. But it is Broome's voice in the retelling that shows the true depth of vulnerability for young Black boys that is often quietly near to bursting at the seams. Cleverly framed around Gwendolyn Brooks's poem "We Real Cool," the iconic and loving ode to Black boyhood, *Punch Me Up to the Gods* is at once playful, poignant, and wholly original. Broome's writing brims with swagger and sensitivity, bringing an exquisite and fresh voice to ongoing cultural conversations about Blackness in America.



About Broome's debut, Kiese Laymon writes, "*Punch Me Up to the Gods* obliterates what we thought were the limitations of not just the American memoir, but the possibilities of the American paragraph. I'm not sure a book has ever had me sobbing, punching the air, dying of laughter, and needing to write as much as Brian Broome's staggering debut." Augusten Burroughs notes, "This is some of the finest writing I have ever encountered and one of the most electrifying, powerful, simply spectacular memoirs I—or you—have ever read. And you will read it; you must read it. It contains everything we all crave so deeply: truth, soul, brilliance, grace. It is a masterpiece of a memoir and Brian Broome should win the Pulitzer Prize for writing it. I am in absolute awe and you will be, too."

Broome has been a finalist in The Moth storytelling competition and won the grand prize in Carnegie Mellon University's Martin Luther King Writing Awards. He also won a VANN Award from the Pittsburgh Black Media Federation for journalism in 2019.

He is a 2022 Writer in Residence at St. Mary's College in Moraga, California.

City at Text Speaker



Dr. Thomas Morton

Architecture, especially its history, is Thomas Morton's passion. Thomas earned his undergraduate degree in Art History with Honors and High Distinction at Penn State University and earned his Ph.D. in the History of Art at the University of Pennsylvania. Combining, architectural history and archaeology, he tends to focus on ancient Roman architecture and urbanism in North Africa in his scholarship. His teaching experience is much broader; he has taught the history of architecture from prehistory to the present day from a global perspective, and his teaching has garnered numerous teaching awards. In 2009 the Association of Collegiate Schools of Architecture and the American Institute of Architecture Students jointly recognized him as a national educator of the year. In addition, in 2011, the Arizona Chapter of the American Institute of Architects selected him as Educator of the Year. He has been teaching since 2003 and arrived at the University of Pittsburgh in 2017. At Pitt, Thomas is a Teaching Professor in the Department of History of Art and Architecture and serves as the department's Director of Undergraduate Studies. Lastly, Thomas has an active commitment to service, both at the local and national levels. He served two terms as the national Vice President for Societies of the Archaeological Institute of America where he oversaw 117 local archaeological societies. Through his work with the Archaeological Institute and other organizations, Thomas has a strong commitment to public-facing humanities projects.

Friday, March 31
10 a.m. to 3:15 p.m.

City As Text

City as Text™ refers to structured explorations of environments and ecosystems. Designed as on-going laboratories through which small, self-guided teams investigate contested areas and issues in urban environments, or competing forces in natural ones, these exercises foster critical inquiry and integrative learning across disciplines. Please note that these are NOT guided tours. Students will be given instructions, maps, and reflection questions to consider when exploring different areas of Pittsburgh. **Please note that some of these destinations involve entrance fees**, depending on what you choose to do in each of the neighborhoods. You will need to purchase your lunch on all excursions, unless otherwise indicated.

Please read the CAT strand descriptions below, and decide which one you plan to attend prior to the conference. QR codes linked to Google Maps with suggested routes and select destinations will be provided at the conference during the CAT Orientation Session.

You should come to the CAT Orientation Session promptly at 9:00 AM, wearing comfortable walking shoes, dressed appropriately for the weather. All will return to the hotel by 3:15 PM to prepare summary comments for a 3:30 PM wrap-up discussion in which participants will share their discoveries of Pittsburgh as Text.

Public Transportation

Please consult the Pittsburgh Regional Transit site as needed for local fares to excursions: <https://www.rideprt.org/inside-Pittsburgh-Regional-Transit/rider-info/how-to-ride/>
<https://www.rideprt.org/all-schedules/>

Suggestion: Bring documentation of student or senior citizen status for discounts. All destinations will have specific assignments, distributed in the opening session of City as Text. Please be prepared with a mask to observe any COVID mask requirements at the respective sites.

Click the CAT Strand Title to be directed to a document with further details about the strand. You can also scan the QR Code for suggested walking route for each strand.



Take a Walk on the South Side

Little remains of the steel, iron and glass industries that were once a staple of the South Side; however, the attempts to preserve the Victorian homes, businesses, and eclectic charm of the neighborhood have been largely successful. East Carson Street is one of the longest business districts in Pittsburgh and features unique, funky retail shops, galleries and restaurants. The lower end of East Carson is especially renowned for its 15 blocks of historic Victorian era architecture. Walk the streets to see row houses that dominate the Southside flats. At the upper end of East Carson, you will find South Side Works, which is a new urban open-air development with various stores and restaurants. This destination is a short bus or ride-share commute from the conference hotel.

The World on Penn Avenue

Locally known as the Strip, this district is a one-half square mile area northeast of Downtown Pittsburgh. Originally the Strip was an industrial area where Andrew Carnegie and George Westinghouse began their careers, and it was the original home of the Pittsburgh Reduction Company, now known as ALCOA. People from all economic classes and ethnicities flock to the Strip for fresh produce, pasta, cheese, meat, fish, and spices, and to shops that sell



unusual gifts, art, Pittsburgh souvenirs, and knick-knacks. The Strip District provides a one-stop look at the cultural and ethnic diversity that characterizes Pittsburgh. It's the best place to get the "flavor" of the city. The Strip comes alive at night with clubs, dancing, and diverse restaurants.



[Explore the North Shore](#)

Once part of Allegheny City, Pittsburgh's North Shore is famous for its sports and music venues, as well as its renowned museums. On the North Shore, you'll find two institutions of contemporary art, the Andy Warhol Museum and the Mattress Factory. Both are located within walking distance of one another and represent the Renaissance of the arts in Pittsburgh in recent years. Opened in 1994, the Warhol Museum invites interaction with the life and art of Andy Warhol from his early days in Pittsburgh to his time in NYC. The Mattress Factory, located in the historic Mexican War Streets District, is housed in a former industrial building and combines private working studios with public exhibit space and works to revitalize local structures and the local community. If you're more interested in Pittsburgh's sports history, your exploration of the City of Champions could begin at the Western Pennsylvania Sports Museum in the Heinz History Center (on Smallman Street near the end of the Strip District). After exploring the Sports Museum, you can walk across the Roberto Clemente Bridge to Heinz Field and PNC Park, the current homes of the Pittsburgh Steelers and Pittsburgh Pirates. PNC Park is a great example of recently constructed retro baseball venues and offers a dramatic view of Downtown Pittsburgh. This destination is a short bus or "T" ride from Station Square; the "T" can be accessed in Station Square.

[View from Mount Washington & Station Square](#)

Mt. Washington is documented as the location from which George Washington first mapped the land and rivers it overlooks. [Mt. Washington](#) is famous, not only for its view of the city, but for the unique way of getting to it, using the [Duquesne Incline](#), a funicular (cable railway laid on a steep slope). The Incline ride is brief, about 10 minutes (one way), and costs \$2.75 per trip. You can take this fun trip up, explore the view from Mt. Washington, maybe check out a [restaurant or two](#) or perhaps [Grandview Bakery](#), and then make your way back down. Follow these [walking directions](#) to get to Mt. Washington from the NRHC Conference location. It is a 15-minute walk.



[City of Neighborhoods – Squirrel Hill](#)

As early as the 1760s, this region of Pittsburgh was a pioneer farming community, taking its name from the abundance of gray squirrels found there. A century later, Squirrel Hill became an affluent suburb of the industrializing and growing city of Pittsburgh. Squirrel Hill was annexed by Pittsburgh in 1868 and offers its residents and visitors ethnic restaurants, delis, bakeries, and old-fashioned corner markets right next door to chic new eateries, boutiques, movie theaters, and upscale shops of all kinds. (Bus or a rideshare)

[Downtown Pittsburgh's Golden Triangle](#)

Just across the river from Station Square, this section of the city occupies a condensed 50-acre area with parks and plazas between office towers and stores. While you explore Downtown, you might visit the Fort Pitt Museum and Point State Park and its iconic fountain, have coffee in Market Square, and then stroll through the Theatre District. Or you might focus your attention on the Triangle's architecture, as this area includes several prominent commercial and institutional buildings from the late nineteenth and early twentieth centuries in Pittsburgh's central business district: the U.S. Post Office, Union Trust Building, Frick Building, William Penn Hotel, Trinity Cathedral, Heinz Hall, the former Kaufmann's Department Store building, and the Allegheny Courthouse and old jail, two of the oldest standing



Friday, March 31
10 a.m. to 3:15 p.m.

City As Text

buildings in the city designed by prominent architect H.H. Richardson. This destination is walkable from Station Square and can be reached by crossing the Smithfield Street Bridge.

August Wilson's Hill

A Neighborhood in transition, Hill District native and Pulitzer Prize-winning playwright August Wilson shines a light on the aspirations, energy, and rhythm of this neighborhood through his ten-play cycle, including *Fences*. The Hill District drew waves of immigrants to Pittsburgh, and the lasting influence of 25 different nationalities is etched in the landscape, the architecture, and street names. Jazz is in the DNA of the neighborhood and is reflected in landmarks like the Crawford Grill. Highlights of the Hill include Hill House, August Wilson's home, Freedom Corner, the Carnegie Library, and the revitalization of new businesses along Centre Avenue, including a Shop n' Save grocery store, ending a thirty-year food desert in the neighborhood. The Hill is one of the greenest places in the city with five miles of hillsides surrounding the neighborhood and seven hills providing breathtaking views of the city. Short bus ride.



University of Pittsburgh, Carnegie Mellon University & a Whole Lot More in Oakland

Two renowned universities make Oakland a center of education, research, and technology. The University of Pittsburgh occupies a 132-acre campus in Oakland. Close by is Carnegie Mellon University, one of the country's leading scientific and technological schools of higher education. Another site to visit in Oakland is the Carnegie Institute, a combination of the Carnegie Museum of Natural History, the Carnegie Museum of Art, and the Carnegie Public Library. Just down the street from the Carnegie, you will find The Phipps Conservatory. As with most university neighborhoods, Fifth and Forbes Avenues teem with shops, restaurants, and clubs.

The easiest way to get to Oakland from the NRHC Conference venue is to walk across the Smithfield Bridge (closest bridge to conference venue) and walk along Smithfield St. to Fifth Ave (0.9 mile). Take a left on Fifth Ave. and you will see a bus stop right by the intersection. Wait for any 61 bus (61A, 61B, 61C, or 61D) and take it for 18 stops (less than 15 minutes) and exit at the Forbes and Bigelow stop. From here, you can visit the [Cathedral of Learning](#) and the [Carnegie Museum of Natural History](#), the [Carnegie Museum of Art](#), and the [Carnegie Library](#).

East Liberty Presbyterian Church (ELPC)

A soaring neo-gothic masterpiece in the East Liberty neighborhood of Pittsburgh, East Liberty Presbyterian Church was constructed during the Depression at a cost of \$4 million dollars. The Mellon family donated the money, and the church hired Ralph Adams Cram – an architect of international renown – to design the church. Comprising 100 rooms, the building is immense and has many stories to tell. There are dozens of stained-glass windows in the building designed by the leading stained-glass studios in the Northeast. Included in the History of Presbyterianism window is a depiction of the Confederate general, Thomas “Stonewall” Jackson. How did he end up in this church window in Pittsburgh? What is the church's current response to this window? What is the church's role in the community? These questions and others will be addressed on this City as Text exploration. *This CaT tour will be a GUIDED tour led by Professor Tom Morton.*



Make a Difference Events

Be the Match

10:00 a.m. to 11:30 a.m.—Grand Station Lobby

<https://bethematch.org/>

For the thousands of people diagnosed every year with life-threatening blood cancers like leukemia and lymphoma, a cure exists. Over the past 35 years Be The Match®, operated by the National Marrow Donor Program® (NMDP), has managed the most diverse marrow registry in the world. We work every day to save lives through transplant. Getting swabbed for the national marrow donor program is quick, easy and painless. Learn more about Be the Match and get your questions answered [here](#).

Veterans Breakfast Club

10 a.m. to 11:30 a.m.—Reflections

<https://veteransbreakfastclub.org/>

The mission of the Veterans Breakfast Club is to create communities of listening around veterans and their stories to ensure that this living history will never be forgotten. We believe that through our work, people will be connected, educated, healed, and inspired.

Listening is the Best Way to Thank a Veteran: To listen actively, attentively, and without judgement is one of the greatest gifts one could give. When it comes to veterans' stories, listening is also a civic obligation, the responsibility of every citizen to those who have served in the military.

Registrants are invited to participated in one or both of these opportunities, with plenty of time to explore many of the City-As-Text excursions.

Friday, March 31
6 p.m. to 7:15 p.m.
Reflections and Waterfront

Student Art Show

"Filling the Negative Space"
Jaquan Brockman, Community College of Allegheny County

"Depression: The Silent Disorder"
Miranda Cartagena, Saint Elizabeth University

"Leaving Your Mark on the World"
Megan Dunkle, Cedar Crest College

"Accepting Your Own Grief: Breaking the Bonds of Codependency and the Battle of Addiction Close to Home"; "Man: A Menace to the Population"; and "Self Portrait: the division of time"
Misti Ellinger, SUNY Buffalo State

"LGBTQ+: The Story of Light and Darkness"
Chloe Gregory, Saint Elizabeth University

"Photography Series"
Kristen Heflin, Gannon University

"Moonlight"
Patsy Holtz, Cedar Crest College

"Snapshots of the World"
Jaime Johnson, Thomas Jefferson University

"Lyrical Soapbox: The Power of Music as Medium for Political and Social Activism"
AnnaMaria Leal, St. Francis College

"Art: Nature vs. Man"
Quinn Nuskey, Kutztown University

"Banned in France, Burned in Iran: The Choice to Wear the Hijab"
Amanda Pillati, Saint Elizabeth University

"Death Grip"
Summer Rodriguez, Monroe Community College

"Transcendence: from Truth to Power to Beauty"
Ahimsa Shakti, Community College of Allegheny County

"Collaged Light Memories"
Julia Smith, Adelphi University

"In the Face of Healing: The Unknown Victim"; "Monochromatic Despair"; "The Duality of a Beating Heart"; "Polarity in Motion"
Samantha Smith, Kutztown University

"Among the Hidden Things"
Rebecca Soriano, Monroe Community College

Consultants' Corner

Join our presenters at the Consultants' Corner after the Presidential Luncheon. Participants will have the opportunity to rotate to different tables, or you can spend the session at just one!

“Beginning in Honors”

Lowell (Chris) Matthews, *Southern New Hampshire University*

We will focus on a discussion with administrators new to honors around strategies for managing issues in three areas: administrative matters; teaching/learning issues; and student concerns. New honors leaders will have the opportunity to network with peers guiding other honors programs and colleges.

“The Ups and Downs of Student Engagement: How to Get and Keep Students Involved”

Srujana Kanjula, *Community College of Allegheny County* and Jessica McCort, *Point Park University*

Student engagement is at the heart of a strong honors program but getting and keeping students involved is a challenge. This session will explore methods of student engagement based on experiences of the moderators and the participants.

“Budget Basics and More...”

Linda Kobylarz, *Post University*

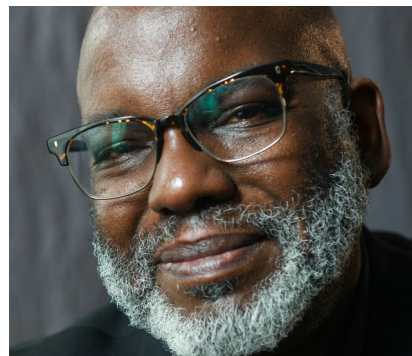
We will review the basics of developing a budget and then discuss how to make your case for getting the funding you need to grow your program. Strategies such as ROI and value propositions will be covered.

Friday, March 31
7:30 p.m. to 9:30 p.m.
Grand Station 1 & 2

Keynote Address

Tony Norman

Tony Norman is an award-winning columnist and feature writer. After 34 years at the *Pittsburgh Post-Gazette*, Tony left to write columns for *NEXTpittsburgh*, a hyper-local news website. He will debut a podcast on that platform in January 2023. Tony is the recipient of multiple local, statewide, and national awards, including a one-year Knight-Wallace Fellowship at the University of Michigan in 2005-2006. He also taught journalism at Chatham University from 2002-2018. Tony was a member of the *Post-Gazette's* editorial board from 1999 to 2016. Norman recently served as the president of the National Society of Newspaper Columnists and is currently the chair of the International Free Expression Project. He was a political science major at Calvin University where he spent an unhealthy amount of time working on the student newspaper as a cartoonist and controversial movie reviewer.



International Free Expression Project works with artists, activists, storytellers, innovators, teachers, organizations and people of all types and at all levels of society to encourage creative expression and amplify the message that, if you stand by when someone else is silenced, you too may be silenced one day.



**The King Graduate School at
Monroe College is proud to support academic
excellence and the
Northeast Regional Honors Council**

Best wishes for a terrific conference!

The **King Graduate School** prepares students to understand the unique challenges of communities around the globe. Through a focused curriculum and applied research, students gain the knowledge and experience that lead to career success in the industries driving today's economy.

www.monroecollege.edu/king

KING GRADUATE SCHOOL
MONROE COLLEGE

BRONX | NEW ROCHELLE | ST. LUCIA | ONLINE

Saturday, April 1
7:45 a.m. to 9 a.m.
Grand Station 3,4, & 5

Idea Exchange

“Reinstitution Through Education”
Daisuke Mayama, University of Maryland Eastern Shore

“Incorporating Service into the Honors Experience”
Haley Kane, Westfield State University

“Building Grit Through Soft Skills Imbedded in Honors Courses”
Linda Kobylarz and Caitlin Grant, Post University

“Honors Hikes: Building CCAC Honors Community through Walks and Talks”
Uday Sharma and Vanessa Alabaso, Community College of Allegheny County

Thank you to **Monroe College** for being a Bronze Sponsor!

Tap the logo to learn more about graduate offerings at Monroe College’s King Graduate School or scan the QR code.



Poster Session 1

Saturday, April 1
7:45 a.m. to 9 a.m.
Grand Station 3,4, & 5

“Characterizing PLD1 and PLD2 Mutations in Human Cancer”

Daniyal Atiq, Maria Serrano De Sousa Frias, Zenovia Gonzalez, Yacoub Alokam, Damilare Oyetibo, Ayah Badawy, Mislina Karatas, and Alexandria Beau, St. Francis College

“An Observation of the Effects of Microplastics on the Reproductive System and Intestine of *Caenorhabditis elegans*”

Jessica Bis and Jhelaine Palo, Georgian Court University

“Rhabdomyosarcoma: The Childhood Cancer We Don’t Talk About”

Kirsten Bogunovich, West Liberty University

“The Life History of an Invasive Genus of Earthworm *Amyntas*”

Loyd Butcher, West Liberty University

“Identifying Alternative Innate Immune Signaling Pathways Activated During Septic Shock”

Phoebe Calkins, Towson University

“The Equal Pay Act of 1963: Recent Violations and Potential Preventative Solutions for Employers”

Faith Chang, Ramapo College of New Jersey

“The Prevalence of Book Bannings Across the United States and how they Threaten Students Free Expression”

Aoife Clune, SUNY Buffalo State

“Revitalizing Community: Decreased COVID-19 Transmission and Mortality in Northeast, New Jersey, as a Result of Improving Air Quality throughout the COVID-19 Pandemic”

Luke Collier, Monmouth University

“Atypical Age-Related Changes and Olfactory Abilities”

Breann Craley, Kutztown University

“Laboratory Lies: The Farak & Dookhan Drug Scandals and The Future of Laboratory Internal Controls”

Daniel Currier, Westfield State University

“Neuroscience of Resilience”

Jadon Demeritte, Hartwick College

“The Faults of Punishment as a Transitional Justice Method in Sierra Leone”

Danielle Di Pentima, Ramapo College of New Jersey

“Female Body Image Representation in Music: The Radical Changes Occurring Within the Industry and Their Effects on the General Public”

Patricia Egan, Franklin Pierce University

“Missing and Murdered Indigenous Women and Girls”

Kaitlyn Egan, Westfield State University

Saturday, April 1
7:45 a.m. to 9 a.m.
Grand Station 3,4, & 5

Poster Session 1

"Inhibition of Innate Immune Signaling may be Influenced by TcpC's NADase Activity"
Britney Erickson, Cheyenne Palm, and Michelle Snyder, Towson University

"Skin-Targeted Needle-Free Vaccination: A Solution to a Health Inequity Crisis Felt Across the World"
Louis Faló, University of Pittsburgh

"Medical Pluralism: The Coexistence of Conventional Medicine and Herbal Medicine in the Ghanaian Healthcare System"
Lauren Fontana, Marist College

"Design of Permeable Concrete Paver Roadway Water Collection System for Rapid Urbanization"
Garrett Funk, Bethany Stoll, and Cedric Green, Shippensburg University

"Analysis of Ap-3-Deficient Melanocytes"
Catherine Gallagher, Chelsea Venters, and Megan Dennis, Marist College

"Attitudes on Autism: The Impact of Theatre on Stigma"
Melissa Garber and Katherine Fiori, Adelphi University

"The Monster in the Closet: Hideosity and Queer Fear in Lesbian Horror"
Megan Gardenhour, Shippensburg University

"Review and Analysis of Disparities in Pain Management Amongst Different Racial and Ethnic Groups in the United States"
Janna Ghoneim and Shamard Charles, St. Francis College

"A Single Molecule Can Be Essential for the Effective Diagnosis of a Fatal Disease Undetected in Cancer Patients"
Kyana Gordon, Adelphi University

"The Effect of Family Factors on a Student's Grit"
Sydney Grandison, Dominican University New York

"The Bacteria Playlist—Research Poster Presentation"
Kayla Granito, Seton Hill University

"LGBTQ+: The Story of Light and Darkness"
Chloe Gregory, Saint Elizabeth University

"The Limits of Automatic Music Genre Classification Using a Convolutional Neural Network"
Adam Haertter, Shippensburg University

"Analyzing the Population Genetics of Northern Map Turtles in the Lower Susquehanna River"
Kaija Harlow, Towson University

"Variables Correlated with Recidivism in Western New York"
Morgan Harrington, SUNY Buffalo State

Poster Session 1

Saturday, April 1
7:45 a.m. to 9 a.m.
Grand Station 3,4, & 5

“Emissions from 3D printers and the Relationship to Human Health”

Kristen Heflin, Gannon University

“The Kyrgyz Epic of Manas: An Oral Tradition”

Matthew Hickey, University of Pittsburgh

“Why do Black Honors Students Choose to Not Show Up in Honors Spaces?”

Emilyann Hoard, Salem State University

“Did Phospholipids Evolve to Increase the Stability of Fatty Acid Membranes?”

Emily Hopkins, Salisbury University

“Analyzing Selected FDA-Approved Drug for Effects on Template-Switch Mutagenesis (TSM) in E. Coli”

Leigha-Mae Hubisz, Salem State University

“Women in Higher Education: An Analysis of the Experiences of Women Navigating Leadership in the Male Dominated Realm of Higher Education”

Madison Jones, Zachary Aidala, and Laura Hill, Bloomfield College

“Lifestyle Changes in 18-26 Year Olds with Partially Unknown Ancestry Through 23andMe”

Cecelia Knecht, Kutztown University

“Foraging Preferences for Different Tree Species by Three Woodpecker Species in the Face of the Local Extinction of White Ash Trees: A Case of Insufficient Ecological Resilience”

Nathan LaDuke, Karyssa Cendana, and Eric Wiener, Ramapo College of New Jersey

“Navigating Your Path: Utilizing the Campbell Interest & Skill Survey to Help College Students Determine Potential Career Paths”

AnnaMaria Leal, St. Francis College

“Connection Between Childhood Obesity, Weight Stigma, and Eating Disorders”

Alexis M. Kazokas, Fairleigh Dickinson University

“Dual Language Learners in Early Education: Challenges and Strategies”

Hans Mach, Community College of Allegheny County

“Experimental Verification of Lucas-Washburn Dynamics of Capillary Action”

Yeganeh Mansourian, University of Maryland Eastern Shore

“Rizopsphere-on-a-Chip for Microbiome Studies”

Isabella Marshall, Rowan University

“Robotics and Environmental Issues”

Giorgi Merabishvili, Saint Francis College

Saturday, April 1
7:45 a.m. to 9 a.m.
Grand Station 3,4, & 5

Poster Session 1

"The Impact of the COVID Pandemic on Students In Higher Education"
Britney Zucker, St. Francis College

"The Importance of Diversity, Equity, and Inclusion Education"
Kirsten Mattern and Obidinma Egbokwu, Marist College

"An Ethical Examination of the Technologies Behind the Dark Web"
Jack Navin and Matthew Chun, Marist College

"The Adaptive Exhibit"
Julia Panas, Marist College

"Implications of Emerging Technology: An Ethical Analysis of Automated Court Sentencing"
Matthew Pater and Abigale Janton, Marist College

THANK YOU FOR MAKING #NRHC2023 A SUCCESS!



Please be sure to tag us in your posts on
Instagram/Twitter/Facebook
(@nrhchonors)

Use #NRHC2023 in your posts!

We want to repost all your conference
fun!

If there is anything you want to share via email:

northeastregionallhonorscouncil@gmail.com

Academic Panel Presentations

Brighton 1

It's Just Business—Aerospace, Gas, Steel, and Higher Education

Moderator: Susan Dinan, Adelphi University

“Is Insurance the New Big Brother? Ethical Implications of Big Data and Machine Learning in the Insurance Space”

Sierra Farrell, University of Hartford

“The Implications of the Russia-Ukraine War on the Development of the European Union's Liquefied Natural Gas Industry”

Danelya Zholdasbekova, Adelphi University

“Crisis In Higher Education: How Attacks from Conservatives, Elites, and Financiers Hurt Our Public Universities”

Cassidy O'Connor, Salem State University

Brighton 2

Health Professionals and the Health Profession

Moderator: Olivia Gage, Southern New Hampshire University

“It's Not the Endo The World: A Case Study of College Students and Medical Professionals”

Rachael Harris, Southern New Hampshire University

“Effects of Mindfulness-Based Stress Reduction in Healthcare Professionals”

Onyedikachukwu Onyemeziem, Towson University

“Inmate Health in Correctional Facilities”

Jenna Healy, Bridgewater State University

“Good Death: Recognizing Voluntary Euthanasia or Aid-in-Dying as an Ethical End-of-Life-Care Option in the Field of Medicine”

Brianna Roberts, Thomas Jefferson University

Brighton 3

Therapeutic Reading: Literature and Resilience

Moderator: George Branch-Trevathan, Thiel College

“The Established Tragedy: Death in Literature”

Britney Solano, Fairleigh Dickinson University

“Emerson on Grief: What Advice the American Transcendental Movement Can Offer on Grief”

Luke Bratton, Gannon University

Saturday, April 1
9:05 a.m. to 10:20 a.m.

Session 1

“Blood Sucking Monsters: Victimhood and Empowerment of Vampire Narratives”
Michael Harrison, Saint Elizabeth University

“Connecting the Past to Our Present: An Early American Literature Lesson Plan”
Jessica Wheeler, Community College of Allegheny County

Brighton 4

Understanding Our Communities

Moderator: K. Patrick Fazioli, Mercy College

“Zip Code : A Predetermined Reputation”
Adriana Flores, Mercy College

“What is Islam & What do Muslims Believe?”
Abdullah Arshad, Westfield State University

“Mi Isla”
Thalia Gavilanes, Saint Elizabeth University

“Rejoining History: A Comprehensive Look at the Biggs Ford Collection and the Rectification of the Historical Narrative in Maryland”
Katherine Duckworth, Frederick Community College

Edenburg

Education and Assessment Models

Moderator: Matt Baran, SUNY Buffalo State

“Utilizing Memory Techniques to Transform Academic Outcomes”
Sabrina Vaillancourt, University of Hartford

“The Impact of Sociodemographic Variables on the Perception of “Wisdom” and Call for Action in the Form of Experiential Learning Opportunities”
Nina Pluviose, St. Francis College

“Bilingual Advantage: The Effect of Age of Acquisition and Bilingualism on Elementary School Age Children”
Rhiannon Seyfried, Frederick Community College

“Impact of Computer-Assisted Instruction on First Graders’ Reading Fluency Development”
Keely Martyn, Merrimack College (Virtual Presenter)

Session 1

Saturday, April 1
9:05 a.m. to 10:20 a.m.

Ellwood 1

Equity, Land, and the Environment

Moderator: Kathryn MacDonald, Monroe College

“The Destruction of Archaeological Sites and The Global Effort to Prevent Further Loss”

Lauren Vargo, Gannon University

“Green Spaces for Empowerment: Unleashing the Potential of Underserved Communities”

Abby Winkler, Thomas Jefferson University (Virtual Presenter)

“Cattle, Weaponized: How Colonists and Capitalists Dispossessed Their Land and Our Health”

Maria Burnett, Fitchburg State University

“Examining the Impact of The Feminization of Poverty on Latina and Hispanic Women: Resilience in Action”

Yadhira Marmolejos Contreras, Monroe College

Ellwood 2

Human Rights

Moderator: Jessica McCort, Point Park University

“The Faces of Injustice: What Newspapers Get Wrong In Wrongful Conviction Reporting”

Danielle McNerney, Towson University

“Against the Death Penalty: Arguments of Deterrence”

Benjamin Renford, Monroe Community College

“Human Rights Campaign – Providing Accessible STEM Education in the Occupied Palestinian Territories”

Maryam Shuaib, St. Francis College

Thank you to **Monmouth University** for being a
Copper Sponsor!

Tap the logo to learn more about graduate offerings at
Monmouth University or scan the QR code.



SCAN ME

Earn Your
MASTER'S

Continue your studies by pursuing a graduate
degree at Monmouth University

Programs include:

- Anthropology
- Clinical Mental Health Counseling
- Communication
- Computer Science
- Criminal Justice
- Data Science
- Education
 - Teaching, MEd, MEd,
and EdD options
- English
- History
- Information Systems
- MBA
- MFA in Creative Writing
- Nursing (MSN, DNP)
- Occupational Therapy (OTD)
- Physician Assistant
- Social Work (MSW, DSW)
- Software Engineering
- Speech-Language Pathology

LEARN MORE:
INFO.MONMOUTH.EDU/GENERAL-GRAD



West Long Branch, NJ

Performing Arts and Film Showcase

Point View

The Arts as a Means to Explore the Past

Moderator: Mike Tasto, Southern New Hampshire University

“‘What Good is a Body When the Body is Half-Gone?': Exploring Famine, Femininity, and Bodily Autonomy in 'Work/house'”

Meghan Miraglia, Salem State University

“‘I Will Die a Woman with Grieving': Shakespeare's Women, Grief, and Resilience”

Caitlin Cottrill, Notre Dame of Maryland University

“Death Education in Children's Television”

Genevieve Kirsche, University of Saint Joseph

Art Gallery

Hall of Fame

Using Art to Understand Tragedy and Beauty

Moderator: Andrew Vogel, Kutztown University

“Death Grip”

Summer Rodriguez, Monroe Community College

“Accepting Your Own Grief: Breaking the Bonds of Codependency and the Battle of Addiction Close to Home”

Misti Ellinger, SUNY Buffalo State

“Among the Hidden Things”

Rebecca Soriano, Monroe Community College

“Filling the Negative Space”

Jaquan Brockman, Community College of Allegheny County

Roundtable Presentations

Fountainview

Using Art and Literature to Achieve Understanding

Moderator: Sheila Nowinski, Thiel College

“Resilience and Remembrance: Using Bibliotherapy to Recover from the Tragedies of World War II”

Kaitlynn Wolffe and C. Grace Honeycutt, Thiel College

“Telling Her Story: Celebrating Diverse Women Authors Through Stories of Resilience”

Caroline Seay, Stevenson University

“‘Don’t Let the Bastards Grind You Down’: The Role of Defiance, Narrative, and Vulnerability in Building Resilience in *The Handmaid’s Tale*”

Rithika Padyala, Thomas Jefferson University

“Transcendence: From Truth to Power to Beauty”

Ahimsa Shakti, Community College of Allegheny County

Woodlawn

Resilience in Education—Early Childhood and Undergraduate

Moderator: Gwen Kay, SUNY Oswego

“Building Resilience in Hispanic Children in Elementary School – Opportunities and Challenges”

Taina Pagan, Post University

“Rewriting the History of Women’s Education”

Anna Choudhary and Eliza Davis, Notre Dame of Maryland University



Academic Panel Presentations

Brighton 1

The Question of Community Recovery

Moderator: Hillary Sackett-Taylor, Westfield State University

“Reconstruction and Reconciliation: Tracking Themes of Equality in the South Carolina Constitution of 1868”

Joseph Sturgeon, Howard University

“The Aftermath of War and Its Effects on Children with Disabilities”

Sydney Redford, Towson University

“‘First, Do No Harm’ The Opioid Epidemic and Harm Reduction Methods”

Alayna Hemphill, Lock Haven University

“Resilience from Genocide: The Conflict in Volhynia between Poland and Ukraine”

Anna Golombek, Monroe College

Brighton 2

Mental and Physical Health 1: Genetics, Physiological Processes, and Behavior

Moderator: Marcella McCoy-Deh, Thomas Jefferson University

“Role of Genetics in Addiction”

Gina Pellizzeri, Thomas Jefferson University

“The Role of NMDA Receptors in Depression”

Rebecca Henry, Stevenson University (Virtual Presenter)

“Resilience in the Face of Controversy: Using Rocio ostofasciata Stem Cells to Study Antidepressant-Induced Neurogenesis”

Patsy Holtz, Cedar Crest College

Brighton 3

Prejudices in Culture and Immigration

Moderator: Srujana Kanjula, Community College of Allegheny County

“Finding a Home in Hawaii: Picture Brides and the American Dream”

Allison Rhea, Frederick Community College

“Breaking Against the Mold: Understanding Occupational Experiences of Pittsburgh's Female Muslim Migrant Community”

Jasmine Al Rasheed, University of Pittsburgh

Saturday, April 1
10:30 a.m. to 11:45 a.m.

Session 2

“Overcoming Islamophobia through Cultural Immersion”
Alexander Dowling, Community College of Allegheny County

“The Resiliency of Immigrants: Mitigating the Impact of Victimization Against Immigrants in America”
Anne Marceus, Monroe College

Brighton 4

The Spectrum of Art: Reflections on the Past and Present

Moderator: Chris Brittain, Ocean County College

“Collaged Light Memories: An Auto-Biographical Approach to Understanding the Visual Image and the Absence of Loss”
Julia Smith, Adelphi University

“God the Mother and the Feminine Christ: Representations of the Madonna and Jesus as Divine Maternal Nurturers in Medieval and Renaissance Art”
Rebecca Soriano, Monroe Community College

“Expressing the Inner Self Image: The Emotional Range of Rembrandt, van Gogh, Picasso, and Condo’s Self-Portraits”
Isaiah Gonsalves, Monroe Community College

“Material Degradation in Art Conservation”
Jordan Swanson, University of Hartford (Virtual Presenter)

Edenburg

Writing the Self: Memoir, Identity, and Legacy

Moderator: Dorene Ciletti, Point Park University

“Reading Among the Margins: Legitimizing the Works of Marginalized Writers”
Tyson Berardo, Saint Elizabeth University

“Epistolary: The Strength and Voice of Authors of Color”
AJ de la Cruz, Point Park University

“The Pandemic Versus Human Flourishing: The Role of Gender”
Alycia Hancock, Notre Dame of Maryland University

Ellwood 1

Mental and Physical Health 2: Resilience, Therapy, Relationships

Moderator: Cecelia Knecht, Kutztown University

“Building Resilience from Tragedy: Turning Past Trauma Into Motivation for the Future”
Olivia Assade, Orange County Community College

“Positive Effects of Art Therapy for Children During the Covid-19 Pandemic”

Ava Sulkowski, Kutztown University

“Scripting Stories of the 2020 Pandemic”

Leah Hawk, Kutztown University

“The Recipe for a Healthy Romantic Relationship: The Most Key Ingredients”

Nicole Creighton, Kutztown University

Ellwood 2

Challenging our Expectations of the Education System

Moderator: Eliza Davis, Notre Dame of Maryland University

“Problems and Solutions in Shakespeare Education”

Ella Mizera, University of Pittsburgh

“A Threat to Resiliency: The Impact of Affirmative Action vs. Meritocracy in the College Admissions Process”

Anarosa Encarnacion, Monroe College

“Post-Pandemic Innovations: Closing the Gap in Children’s Social-Emotional Learning Through Creative Arts”

Logan Lankford, Salisbury University

“From Zero to Hero: Vietnam's Post-war Education Revolution”

Linh Mai, Southern New Hampshire University

Stoops Ferry

The Resilience of Indigenous Peoples

Moderator: Margaret Roman, Saint Elizabeth University

“How Legal Handicaps Prevent Effective Law Enforcement on Native American Reservations”

Frank DeRogatis, Saint Elizabeth University

“No Indigenous Justice: Recurring Theme of Neglect”

Oaklee Lamberto, Franklin Pierce University

“A Real Tragedy: Diminishing Support of Indigenous and Native Communities in the United States”

Annie Vasquez, Monroe College

“The Ghost Dance and The Wounded Knee Massacre: Was U.S. 19th Century Domestic Policy the Culprit?”

Caitlyn Ferrecchia, Worcester State University

Saturday, April 1
10:30 a.m. to 11:45 a.m.

Session 2

Point View

Economic Analysis and Universal Resiliency

Moderator: Tracey Freiberg, St. John's University

"Economic Variables that Contribute to Happiness in the United States"

Dustin Ho, Monmouth University

"The U.S. vs. Inflation"

Blake Young, Mercy College

"The American Bull: An Exploration of Resilience Within the U.S. Stock Market"

Louis Mignone, Fairleigh Dickinson University

"Future Indicators of Macroenvironmental Stability of Developing Nations"

Evan Naumann, St. John's University

Roundtable Presentations

Fountainview

Conversations about Diversity, Inclusion, and Identity

Moderator: Alycia Hancock, Notre Dame of Maryland University

"The Language of Inclusion"

Rayanne Witmer and Juliana Whitley, Kutztown University

"Who Gets to Play? The Evolving Criteria for Women's Sports based on Gender Determination"

Kiersten Wienclawski and Sarah Straub, Stevenson University

"Anonymity Via Online Communities and Marginalized Communities"

Tracy Gladding, Gallaudet University

"Defining what is Toxic Masculinity Versus Non-Toxic Masculinity"

Klijah Mitchell, Gallaudet University

Woodlawn

Expressions of Academic and Creative Writing

Moderator: Amy McMillan, SUNY Buffalo State

"Undergraduate Research Journal: From Pandemic to Publication"

Emily Irons, Morgan Wood, and Jade Rhoads, Thiel College

"The Potential of Feminist Metaphysics for Trans Futures: Analysis and Representation Through Creative Non-Fiction"

Madeline Crosby, SUNY Buffalo State

Session 2

Saturday, April 1
10:30 a.m. to 11:45 a.m.

Haselton
Mental Health and Wellbeing
Moderator: Caitlin Grant, Post University

“Mechanisms of Biological Resilience by Defensin Activity”
Chelsea Kotey, Hartwick College

“From Dark Days to Musical Ends; A Study on the Effects of a Musical Social Event on the Wellbeing of Geriatric Populations With Dementia”
Olivia Gage, Southern New Hampshire University

Midday Conference Reminders!

Following Session 2, Please proceed to Grand Station Ballroom 1 & 2 for the ***Presidential Luncheon from 12:00 p.m. to 1:30 p.m.***

Following the Luncheon, please remember the following conference events from
1:30 p.m. to 2:45 p.m.

Student Caucus and Headshots—Fountainview
Professional Consultants' Corner—Haselton

Then, enjoy our final two sessions of presentations!



Academic Panel Presentations

Brighton 1

Support and Resilience in Criminal Justice, Economics, Health, and Business

Moderator: Lynne Elkes, Loyola University Maryland

“Reframing Incarceration: The Necessary Tools for a Prison System Promoting Growth”

Jason Buller, Vanessa Stolstajner, Maggie Broomfield, and Grace Shartle, Loyola University Maryland

“Universal Resiliency”

Cerwin Ramirez, Nassau Community College

“Assistive Technology: A Means to Demonstrate Resilience & Overcome Difficulties”

Ethan Bown, Orange County Community College

“COVID-19 and Paid Care Leave (PCL): A Study on Business Disruption”

Emma Ellis, St. John’s University

Brighton 2

Resilience Across Disciplines: Capitalism, Politics, Medicine, and Health

Moderator: Anna Choudary, Notre Dame of Maryland University

“Space, Resilience, and the Rise of Corporate Sovereignty”

Kiely Paris-Rodriguez, Ramapo College of New Jersey

“Understanding the Resilience of Street Vendors in Ghana: Is Formalization the answer to the Informal Economy?”

Benedicta Kwarteng, University of Hartford

“Problems Without Passports: Evaluating the Functionality of the World Health Organization”

Walter Donoughe, Towson University

Brighton 3

Writing as Activity and Activism

Moderator: Caitlin Cottrill, Notre Dame of Maryland University

“Decoding the Bestseller: The Science Behind Writing the Bestselling Novel”

Agustina Gentile, Adelphi University

“Exploring Physical Injury through Poetry”

Alexandria Wyckoff, SUNY Oswego

“Compagnone a Family Legacy”

Sydney Zavolta, Salem State University

Saturday, April 1
2:50 p.m. to 4:05 p.m.

Session 3

Brighton 4

Assessing Education, Assisting Education

Moderator: Marissa Moore, Kutztown University

“The Impact of Assistive Technology”

Erin Maida, Fitchburg State University

“PJAS assessment”

Brooke Griffith, Thiel College

“Supporting Gifted Education Students within the General Education Classroom”

Kelsey Meriwether, Kutztown University

“Shifting Focus: Examining the Role of STEM Faculty Representation in Community College Student Success”

Chiara Giraldo, Monroe Community College

Edenburg

Contemporary Issues in Criminal Justice: Race, Guns, Policing, and Sentencing

Moderator: Constantine Kapetanakis, Rowan University

“Reducing Violence and Promoting Reconciliation: The Importance of Reevaluating and Transforming Police Training”

Makayla Nunley, Hilbert College

“Gun Violence: Reconciling with Unnecessary Tragedy”

Nichol Nunez, Monroe College

“Abolishing Retributive Sentencing: A Rehabilitative Alternative for a System Beyond Repair”

Christopher Hoffarth, Monroe Community College

“Specialty Courts: Does Race Matter?”

Melissa Spirn, Rowan University

Ellwood 1

Models and Gene Expression in Health, Science, and the Courtroom

Moderator: Zachary Aidala, Bloomfield College

“Addressing the Challenges of a Ketogenic Diet by Determining its Effect on the Neurological Development of *Drosophila*”

Samantha Biseinere, Westfield State University

“Temozolomide combined with ipilimumab + nivolumab enhances T cell killing of MGMT-expressing, MSS colorectal cancer cells”

Zenovia Gonzalez, St. Francis College

Session 3

Saturday, April 1
2:50 p.m. to 4:05 p.m.

“The Potential Role of Hydration in Blood Coagulation Resilience”
Colin Larkin, University of Hartford

“The Importance of Bodily Fluid Identification in a Court of Law”
Megan Dunkle, Cedar Crest College

Ellwood 2

Social Media, the Internet, and Culture

Moderator:

“The Effects of Social Media Consumption on Body Image”
Meg Gooding, Kutztown University

“The Internet's Negative Role in Online Activism”
Rhheaa Mehta, University of Pittsburgh

“Online Parasocial Relationships with Celebrities: The Psychological Drawbacks of Being a Major Fan”
Kathryn Hobbs, Monroe Community College

Stoops Ferry

Survivors: Holocaust and Nature

Moderator: Tanya Radford, Dominican University of New York

“Reconciliation to Right a Wrong: Declaring Sexual Assault a War Crime at the Nuremberg Trials”
Zoe Tobery, Frederick Community College

“Mengele Twin Demonstrates the Power in Forgiving”
Sarah Brandle, Indiana University of Pennsylvania

“First-Hand Experiences of the Holocaust”
Elliot Klein, Hilbert College

“Asian Elephant, the ONLY Surviving Species of the Elephas Genus”
Anoohya Arkala, Thomas Jefferson University (Virtual Presenter)



Illuminate

CALL FOR SUB MISS IONS

SUBMIT
NOW!

Illuminate is the
undergraduate journal
of NRHC! Submit
creative or academic
work to be considered
for our 5th volume!
illuminatenrhc.com

DEADLINE:
MAY 21,
2023

Performing Arts and Film Showcase

Point View

Resilience in Art–Culture, Natural Environments, and Dance

Moderator: Tarik Krestalica, Southern New Hampshire University

“RiverBlue”

Ariel Gordon, Howard University

“‘Nose Haffi Run’: Examining the Resilience and Contributions of Jamaicans Worldwide”

Melisa Monroe, Northampton Community College

“Beautifying Long Beach: A Long Island Addition to the Global Environmental Restoration Narrative”

Ruth Puma, Andrew Austin, Madison Chamblin, Jaclyn Javakian, Zoey Lewandowski, and Celine Lukito, Molloy University

“Dance Your Way (Through Tragedy)”

Rebecca Becraft, Notre Dame of Maryland University

Art Gallery

Hall of Fame

Art in Nature, Science, and Activism

Moderator: Devin Pouliot, Southern New Hampshire University

“Art: Nature vs. Man”

Quinn Nuskey, Kutztown University

“Snapshots of the World”

Jaime Johnson, Thomas Jefferson University

“ReAwakened for Patagonia”

Hailey Nicchi, Thomas Jefferson University (Virtual Presenter)

“Lyrical Soapbox: The Power of Music as Medium for Political and Social Activism”

AnnaMaria Leal, St. Francis College

Roundtable Presentations

Fountainview

Conversations Surrounding Women's Rights and Issues

Moderator: Yona Voss-Andreae, Southern New Hampshire University

"UN Women: A Force for Women's Equality and Resilience Worldwide"

Denisa Nika, Post University

"My Body, Whose Choice? A Reflection on Inconsistent Beliefs Regarding Bodily Autonomy"

Elizabeth Evans, SUNY Buffalo State

"Challenges and Resilience Regarding Expectations of Body Image on Social Media"

Adanna Nnaemeka, Monmouth University

"Women who Become the Fire—Resilience in Women who Experience Violence"

Anastasia Dedgjonaj, Post University

"Intergenerational Cycles of Domestic Violence"

Samantha Smith, Kutztown University

Woodlawn

Gun Rights and Gun Violence: Averting Tragedy

Moderator: Kimberley Grant, Saint Elizabeth University

"The Right to Kill: Putting the Second Amendment Before Americans"

Matthew Lowke, Saint Elizabeth University

"Effects Social Media Brings to Mass Shootings"

Katelyn Bean, Hilbert College

Haselton

Discussing Hate, Fear, and Human Rights

Moderator: Darryl Peterkin, Morgan State University

"Challenges of Un-belonging: A Comparative Study of Intergroup Relations and the Expressions of Xenophobia Towards Migrants of African Descent in South Africa and France"

Danielle Obisie-Orlu, University of Pittsburgh

"Understanding Hate: Demographic Shifts and the Rise of Anti-Asian Hate Crime"

Rita Rin, Monroe College

"Policies and Positionality: Turing a Blind Eye to the Rwandan Genocide"

Lillian Berggoetz, Gallaudet University

Thank you to **University of Hartford** for being a
Copper Sponsor!

*Tap the logo to learn more about graduate offerings at
University of Hartford or scan the QR code.*

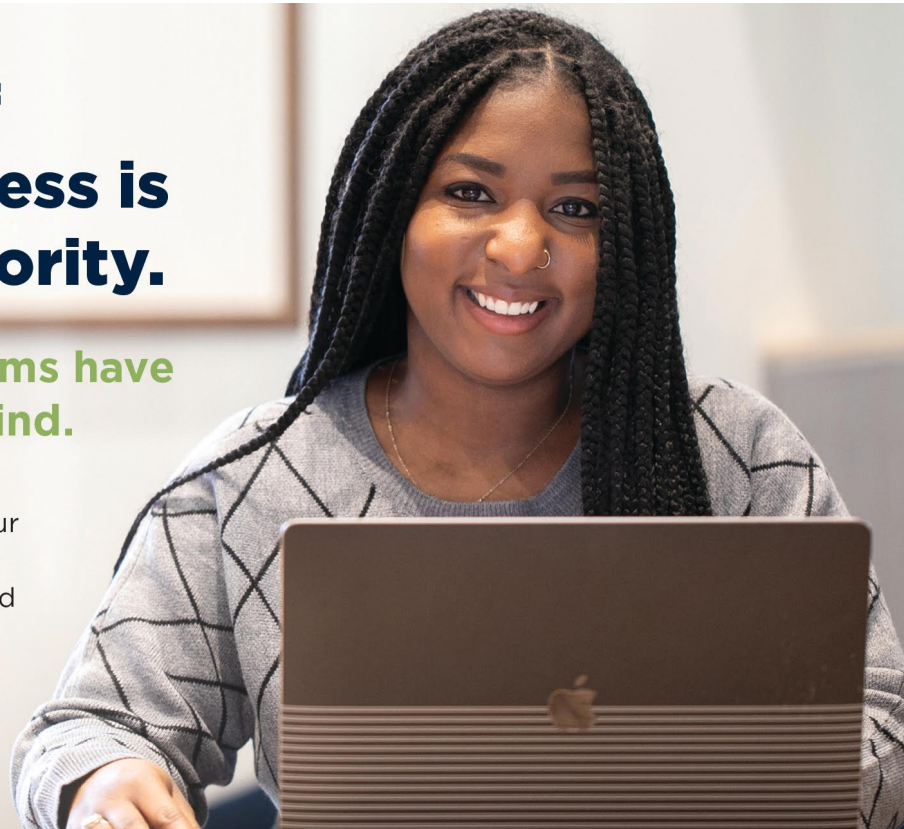
**UNIVERSITY
OF HARTFORD**



At the University of Hartford, your success is our number one priority.

**UHart's 60+ graduate programs have
been designed with you in mind.**

With rigorous curriculum, flexible formats, and affordable tuition, our programs prepare our students for success in a global workplace. Through extensive area partnerships, committed faculty and staff, and a diverse alumni network of over 88,000, our graduate students are provided with significant support for both academic success and career advancement.



hartford.edu/grad

UNIVERSITY OF HARTFORD

Academic Panel Presentations

Brighton 1

Words and Weapons: Resiliency in Language, Gender, Safety, and Literature

Moderator: Rebecca Becraft, Notre Dame of Maryland University

“The ‘Bimbo’: Yay or Nay”

Laiba Anjum, Marist College

“A Multi-Perspective Analysis of the Worsening Epidemic of School Shootings in America”

Elizabeth Hertler, Nina Capofarri, Emily Delmage, William Delmage, Leanna Malsich, and Michael Messina, Molloy University

“Hartford’s Generators & Regenerators of the Western Revolver: How Masculinity and Violence Intertwine”

Crista Fiala, University of Saint Joseph

Brighton 2

Mental and Physical Wellbeing: Approaches in Medicine and Health

Moderator: Kelsey, Meriwether, Kutztown University

“Resilience from PTSD and Other Disorders through Psychedelics”

Kylie Watermolen, Fairleigh Dickinson University

“Chronic Pain and Pain Science: Beginning Pain Education at the Undergraduate Level”

Claire Vollmer, Salisbury University

“General Practitioners in the Antidepressant Crisis”

Marrisa Moore, Kutztown University

“‘Three Generations of Imbeciles are Enough’: An Overview of the American Eugenics Movement”

Steven Borodzik, Hilbert College

Brighton 3

Physiology and Behavior

Moderator: Amy McMillan, SUNY Buffalo State

“Investigating the Role of Heparan-Sulfate-Rich Cells in the Cellular Regeneration of Axolotl Salamanders (*Ambystoma mexicanum*)”

Joshua Wilmer, Towson University

“Establishing the Reproducibility of Mitochondrial Capacity Using Near-Infrared Spectroscopy”

Grace Dietz, Towson University

“Quantifying and Classifying the Planarian Response to Light Stimuli”
Constantine Kapetanakis, Rowan University

“Potential Resilience of Oysters to Climate Change and *Vibrio parahaemolyticus* Infection”
Omario Ricketts, University of Hartford

Brighton 4

Contemporary Issues in Healthcare and Medicine: Equity and Resilience

Moderator: K. Joy Karnas, Cedar Crest College

“Left in the Dark: The Struggle of America's College Students Navigating a Complex Health Insurance System”
Riya Ajmera, Monmouth University

“Parental Distress after Neonatal Intensive Care Unit Discharge: Resilience through Music Therapy Intervention”
Kate Gerlus, Salisbury University

“Understanding a Declining Life Expectancy Rate: Turning Loss Into Resiliency”
Laurie Atiste, Orange County Community College

“Modeling Bacterial Resilience: Simulation of Environmental Antibiotic Exposure to Substantiate the Predictive Power of Mathematical Models”
Khoula Jaber, Cedar Crest College

Edenburg

Teaching Humans to be More Human

Moderator: Meghan Miraglia, Salem State University

“Learning How to Be a Human”
Nicholas Kohaut, Northampton Community College

“Safer Schools for all Genders and Sexualities: Building Resilience Against Intolerance”
Christina Reilly, Monroe College

“Social Emotional Learning through Children's Literature”
Mary Schuld, Monmouth University

“Boston's LGBTQ+ History Picture Book for Kids”
Emily Moran, Salem State University

Saturday, April 1
4:15 p.m. to 5:30 p.m.

Session 4

Ellwood 2

Generations of Today and Tomorrow: Technology and Marketing Impacts

Moderator: Peter Brown, Southern New Hampshire University

“Getting into Modding: Beyond Skyrim's Arcane University Experience”

David Marshall, Fitchburg State University

“Socialization through the Generations”

Shannon Boyle, Marcella Dimino, and Nick Delmage, Molloy University

“Word of Mouth and its Impact on Consumers”

Nina Allen, St. John's University

Roundtable Presentations

Fountainview

Mental Health, Wellbeing, and Development—Building Resilience

Moderator: Irina Ellison, Mercy College

“Depression: The Silent Disorder”

Miranda Cartagena, Saint Elizabeth University

“Imposter Syndrome”

Arnaldo Allende, Saint Elizabeth University

“What Does Grief Feel Like?”

Alyssa Politi and Daniela Blum, Mercy College

“Building Resiliency in Life: Identifying, Accepting and Healing Our ‘Inner Child’”

Paulina Guevara, Monroe College

“Finding Wellness in the New Normal: Overcoming Mental Health Challenges and Building Resilience”

Simona Dedgjonaj, Post University

Session 4

Saturday, April 1
4:15 p.m. to 5:30 p.m.

Haselton

Intersections of Criminal Justice—Prisons, Media, Neighborhoods

Moderator: Kay In 't Ven, Point Park University

“Do Prisoners Need Ethics or Does Ethics Need Prisoners?: Combatting Epistemic Injustice in Prisons”

Carly Nascimbeni, Salisbury University

“The Impact of Media on True Crime”

Julianne Bailey, Point Park University

“Innocent Citizens Paying for the Deaths of Their Neighbors”

Mekhi Bowen, Westfield State University

Thank you to **Thiel College** for being a
Bronze Sponsor!

Tap the logo to learn more about graduate offerings at
Thiel’s Graduate School or scan the QR code.



SCAN ME

You don't have to go far for an incredible college experience.

Thiel College's
innovative programs
get you to your goal faster

Communication &
Leadership M.A.

Clinical Mental Health
Counseling M.A.

M.B.A.

Physician Assistant
Studies M.S.

Speech-Language
Pathology M.S.

TOP
REGIONAL
Liberal Arts
College
in Western PA

Named a top regional liberal arts
college in Western Pa. by
U.S. News & World Report

Learn more at thiel.edu/graduateprograms

Call **800-24-THIEL** or email admissions@thiel.edu
75 College Avenue • Greenville, Pa. 16125



THIEL
COLLEGE

Poster Session 2

Sunday, April 2
8:30 a.m. to 10 a.m.
Grand Station 3,4, & 5

“The Social Dimensions of STEM Culture: How Does Lack of Diversity and Inclusivity Affect a Student’s Socialization?”

Gisady Mendoza, Salem State University

“Synapse Specific Dysregulation of Homeostatic Scaling in Alzheimer's Disease”

Lindsey Moraes and Martin Hruska, West Liberty University

“A Neurobiological Approach to Understanding Violent Impulses”

Amrit Munir, Mercy College

“The Prevalence of Sexual Assault on College Campuses: Why the Lack of Action?”

Katherine Nekrassova, Ramapo College of New Jersey

“Discrimination and Gentrification against Puerto Ricans”

Amber Nunez, Nassau Community College

“Preparing Nurses and Providers: Safe, Quality Care for Patients with Bipolar Disorder in All Healthcare Settings”

Victoria Ojo, Towson University

“The Trauma Behind the Fantasies and Assumptions of Cochlear Implants”

Cynthia Ortega, Gallaudet University

“The Perils of North America and the Safe Haven Within”

Cole Patton, Kutztown University

“Mass Migration: What Can New Jersey Do to Attract Retirees to Stay?”

Emily Pawelek, Monmouth University

“Violence towards Native American women—What can we do to help?”

Caitlyn Pellerin, Westfield State University

“Perceptions of Inmates”

Kiyah Pelletier, University of Saint Joseph

“Fanfiction: Healing and Community Building”

Sara Perrett, Community College of Allegheny County

“The British Empire and Their Colonies”

Alexandra Quillen, Hilbert College

“The Accessibility of the Fitchburg State Campus for People with Disabilities”

Francesca Reyes and Joshua Frazier, Fitchburg State University

“A Supportive Community: How the Community Can Support Children with Traumatic Experiences”

Jade Rhoads, Thiel College

“Overcoming Bacterial Resilience: The Antibacterial Potential of Tea Tree Oil”

Nicolle Rodriguez, Dominican University of New York

Sunday, April 2
8:30 a.m. to 10 a.m.
Grand Station 3,4, & 5

Poster Session 2

“Headstrong: Analyzing the Effects of Sub-Concussive Head Injury in Collision versus Contact Sports on Balance and Cognition”

Aman Shahzad, Salisbury University

“Importance of Glycosaminoglycans and Mxra8 in Chikungunya Virus Binding”

Allie Sheffler, Seton Hill University

“Influencing the Influencers: Social Media Marketing Strategies for a Generation Z Audience”

Kayla Sherry, Kutztown University

“Steel City: A Real and Metaphoric Change in Approach and Ideology”

Natalee Stinebiser, Gannon University

“Abuse and Mistreatment in Gymnastics”

Emma Thompson, Ramapo College of New Jersey

“Practicing Sustainability in Pharmaceutical Companies”

Brianna Toomey, Westfield State University

“Analyzing Banana flavor within Beer”

Jenna Vesey, Ramapo College of New Jersey

“Imposter Syndrome in Multiracial/Multiethnic People”

Niomi Viera, Gannon University

“The Impact of Voter Suppression on the African American Community”

Darline Washington, Howard University

“Non-Commoditized Housing Policies; A Tool for Community-Led Development”

Samuel Winans, Towson University

“The Impact of Bias in Facial Recognition Artificial Neural Networks”

Ezra Wingard, SUNY Oswego

“The Effects of Multilingual Learning on Social-Emotional and Cognitive Development in Children”

Jasmine Won, Bridgewater State University

“Is Transcutaneous Electrical Nerve Stimulation an Effective Way to Treat Inflammatory Pain in Mice?”

Morgan Wood, Thiel College

“The Linkage Between the Processes of Autophagy and Apoptosis and Their Impact on Cancer Treatment”

Juliana Baumgardner and Brighid Cantwell, Shippensburg University

Past Award Winners

Student-of-the-Year

2022

Four-Year Institution:

Briseyda Barrientos Ariza, *Towson University*

Four-Year Institution:

Vanessa Maybruck, *Kutztown University*

2020

Four-Year Institution:

Kai-Lou Yue, *Bryant University*

Kaitlyn Esposito, *Fairleigh Dickinson University*

Two-Year Institution:

Amirah Elayan, *Bergen Community College*

2018

Four-Year Institution:

Mohini Gobin, *Pace University*

Two-Year Institution:

Therese Russell, *Nassau Community College*

2021

Four-Year Institution:

Kaitlyn Fales, *Bryant University*

Two-Year Institution:

Erin McClain, *Community College of Allegheny County*

2019

Four-Year Institution:

Haleigh Swam, *Lock Haven University*

Two-Year Institution:

Lope Jan Williams, *LaGuardia Community College*

2017

Four-Year Institution:

Micah Castello, *Notre Dame of Maryland University*

Two-Year Institution:

Nathanael Linton, *SUNY Orange*

Past Award Winners

Honors Professional of the Year

2022

Administrator Category:

Dr. Chauna Craig, *Indiana University of Pennsylvania*

Faculty Category:

Dr. Scott Rudd, *Monroe Community College*

2021

Administrator Category:

Dr. Rivka Glaser, *Stevenson University*

Faculty Category:

Dr. George Branch-Trevathan, *Thiel College*

2020

Administrator Category:

Dr. Elizabeth Gruber, *Lock Haven University*

Faculty Category:

Dr. Tara Parrello, *Dominican College*

2019

Administrator Category:

Helen Fallon, *Point Park University*

Faculty Category:

Bruce Wigutow, *Monroe College*

Publications Contest

2022

Newsletter Category:

1st Place—*The Northview* (Merrimack College)
and *.hnrs* (Shippensburg University)

2nd Place—*The Squirrel Squire* (Westfield State)

3rd Place—*Cook Honors College Alumni Newsletter* (Indiana University of Pennsylvania)

2022

Journal Category:

1st Place—*The Undergraduate Review*
(Rutgers-Camden University)

2nd Place—*The Lectern* (Thiel College)

Student Involvement

The Northeast Regional Honors Council offers several honors leadership opportunities on the regional level for students of member institutions. Some of these opportunities include:

Student Representative

Annual positions as student representatives for the NRHC conference are filled by two students. They are in charge of planning the student events for the conference by working with each other and with the entire NRHC Executive Board, ensuring that students will connect and socialize at these events. Student Reps travel to the annual summer planning meeting, as well as the national conference, in addition to serving at the regional conference.

Student Activities Committee

Honors students in the northeast region can actively be part of the conference planning process by joining the NRHC Student Activities Committee. They create event flyers, promote the NRHC conference on their home campuses, and support the student representatives in the preparation and execution of the events.

Illuminate, the Undergraduate Journal of NRHC

Students and honors faculty/staff are invited to serve as editors on the Editorial Board of *Illuminate*. The one-year term includes selecting submissions for publication, marketing the journal in the northeast, working with team members and the NRHC executive board, among others. Students and honors faculty/staff do not need to have an editing background; however, participants should have a keen interest in the editing and publishing processes to create a successful and well-established academic journal.

Student-of-the-Year Awards

The NRHC Student-of-the-Year Awards are presented to students who have made significant impacts on their honors programs. The award recognizes outstanding leadership skills, socially engaged commitments, and innovations that the students have shown at their home institutions. Two winners will be selected by an NRHC committee: one from a 2-year institution, and one from a 4-year institution.



Faculty/Staff Involvement

The Northeast Regional Honors Council offers several honors leadership opportunities on the regional level for honors administrators, faculty, and staff. Some of these opportunities include:

Serve on the Executive Board of NRHC

The Executive Board positions include Vice President (which serves a 4 year term, rotating through President Elect, President, and Immediate Past President), Secretary, Treasurer, Web Coordinator, and Faculty Representative. The Board meets bimonthly throughout the year to discuss the business of NRHC including planning and executing the NRHC annual conference.

Participate or Volunteer to Lead a Decompression Chamber

Approximately once a month, we offer a free networking opportunity on Zoom for all Honors faculty and staff to informally meet and discuss a theme related to honors. Past themes have included topics like Challenges and Successes of Honors in a Virtual Format, Engaging and Preparing Students for the NRHC Conference and Racial Equity and Diversity in Honors. These sessions are open an forum. You can also volunteer to lead a session or propose a topic.

Serve on one of the NRHC Committees

NRHC committees include the Racial Equity and Diversity Committee among others.

Serve on the Editorial Board of *Illuminate*

Illuminate is the journal dedicated to publishing the work of NRHC students. The Board evaluates and edits submissions for publication.

Get Involved in Our Conferences

You can volunteer to assist the Executive Board in reviewing student proposals for the conference in various disciplines and formats. Or you can Submit an Idea Exchange to the next NRHC Conference. Or you can volunteer to serve as a Panel Moderator at our next NRHC Conference! There are lots of ways to help!

Serve as a Local Host at our next NRHC Conference

Live close to the site of our next conference or familiar with the area? Serve as a local host! Local hosts assist in developing our City As Text (CAT) strands as well as assist in pulling together other local resource guides.



